



Pacman Frogs are known by a variety of names including Argentinian horned frogs and South America horned frogs. These frogs originate from Argentina, Brazil, and Uruguay, where they live in shallow water puddles. By one year of age, Pacman males can achieve a size of 2½ inches to 4 inches in length. The female can reach lengths of 4 inches to 7 inches. The average lifespan in captivity is 6 to 15 years.



HOUSING

These large frogs are not very active and will happily spend a majority of their lives buried under moist substrate. Ideal substrates include coconut fiber, sterile potting soil, and sphagnum moss. The substrate should be 4-6 inches deep and should be sifted through daily to remove wastes, and completely changed weekly.

ENVIRONMENT

Habitat temperatures should range from 75°F to 85°F and should be measured with a digital thermometer. Hiding spots made from PCV piping, flowerpots, or other items can be used to help the Pacman frog hide completely from light when wanted. The humidity should be maintained at 60-80%. The substrate should be moistened but never fully soaked and not allowed to fully dry. A shallow, low-sided water bowl should be provided so the frog can easily access the water. Always use dechlorinated water as tap water contains chlorine and chloramine that can be harmful to your pet.

- Habitat temperature should stay steady between 75-85°F during the day and nighttime 68-78°F. As Pacman frogs don't require a basking spot or supplemental lighting, place a heating pad with a thermostat on the side of the habitat just above the substrate, if needed to maintain appropriate temperature.
- Lightly mist the habitat at least twice a day to maintain essential humidity levels. Tank humidity should ideally stay between 60% and 80%, which can be accomplished by keeping a water bowl in the enclosure and misting the tank.

CARE

Pacman frogs have very large mouths compared to their overall body size. They do not actively hunt; instead, they hide and wait for their prey to wander by, when they jump out of



hiding and grab it in their mouth. After capturing its prey with its powerful jaws, the frog then swallows it whole. Since they will eat almost anything that moves, Pacman frogs must be kept alone in captivity. They should be handled only when absolutely necessary, as their skin is very sensitive. Gently grasp the frog behind its front legs when picking it up and always wear disposable gloves.

- Pacman babies should primarily eat crickets that are gut-loaded with calcium/multivitamins, or earthworms and roaches. Adult Pacman frogs should be fed a variety of insects, including gut-loaded crickets, Dubia roaches dusted with calcium powder, and earthworms; occasionally mealworms and waxworms. Feeder fish and pinky mice can be fed every 7 to 12 days.
- Pacman frogs smaller than 3 inches in length should be fed daily and whatever they can consume under 30 minutes, generally 3-5 crickets. Feed juveniles daily or every other day. Adults should be fed 2-3 times a week.
- Ideal light cycles are 12 hours of daylight with 12 hours of darkness. This 12 hours on, 12 hours off light cycle best resembles the Pacman frog's natural environment.

Daily

- Water bowl should be cleaned daily, refilling it with dechlorinated water.
- Lightly mist the habitat at least twice during the day to maintain necessary humidity levels. Tank humidity should ideally stay between 60% and 80%.
- Check habitat's ambient temperature to confirm it is within the acceptable range of 75°F to 85°F. Check heating pad to make sure it is operating properly.
- Spot clean soiled substrate, removing any frog waste/debris.
- Visually check your Pacman frog, making sure it is alert and its skin is moist. Consult your pet store or veterinarian if you notice a change in normal behavior or if it is not eating/loss of appetite.

Weekly

- Change the habitat's substrate weekly. You will need to remove your Pacman frog, gently picking it up and placing it in a suitable container; always wear disposable gloves.
- Thoroughly scrub the habitat with a mixture of 10% bleach and 90% hot water or distilled vinegar 50% and water 50%. Clean any décor with same solution. Rinse habitat two to three times with tap water to completely remove any cleaning residue. Wipe the habitat and décor dry with paper towels. Add new substrate and décor to the habitat. Return your frog back into its habitat.



pets in the
classroom

CARE SHEET Pacman Frog

HELPFUL LINKS

What to feed your Pacman frog:

https://www.hikariusa.com/reptile_folder/pac_attack.html

<https://zoomed.com/pacman-frog-food/>

Monitoring habitat temperature/humidity:

<https://www.zillarules.com/all-products/environmental-control/humidity-and-temperature-gauge>

How to gut-load crickets:

[https://flukerfarms.com/high-calcium-cricket-](https://flukerfarms.com/high-calcium-cricket-diet/#:~:text=Fluker's%20High%20Calcium%20Cricket%20Feed,as%20prey%20to%20your%20pet)

[diet/#:~:text=Fluker's%20High%20Calcium%20Cricket%20Feed,as%20prey%20to%20your%20pet](https://flukerfarms.com/high-calcium-cricket-diet/#:~:text=Fluker's%20High%20Calcium%20Cricket%20Feed,as%20prey%20to%20your%20pet)

How to make tap water safe for your Pacman frog:

https://www.apifishcare.com/product/aqua-essential?gclid=CjwKCAjw-vmkBhBMEiwAlrMeF2tSISHi-6U7RLuxSWQUkYKJQL6iA-qj21TXl6rwKQs5H9XigbSu_RoCoDMQAvD_BwE&gclsrc=aw.ds

Maintaining proper habitat temperature:

<https://www.zillarules.com/all-products/heat-emitters/heat-mat>

Pacman frog substrates:

<https://zoomed.com/eco-earth-coconut-fiber-substrate/>

<https://zoomed.com/reptisoil/>